

# SAINT PAUL CATHOLIC SCHOOL HEALTHY HABITS MENU

April 2009

HOT LUNCH, GRAB-N-GO, SALAD OF THE WEEK - GRADES 1-2 \$2.85, GRADES 3-4 \$2.95 - GRADES 5-8 \$3.10  
(BUY AN EXTRA ENTRÉE FOR \$1.25-CASH ONLY)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 <b>HOT LUNCH</b> BBQ Pulled Pork on Bun Chips Chilled Fruit Rice Krispies Treat Milk, 1% Fat  <b>GRAB-N-GO</b> Bologna and Cheese Sandwich Mini Twist Pretzels Chilled Fruit Chocolate Chip Cookie Milk, 1% Fat  Salad of the Week Chicken Caesar Salad	2 <b>HOT LUNCH</b> French Toast Sticks Syrup Bacon  Tater Tots Fruit Cocktail Milk, 1% Fat  <b>GRAB-N-GO</b> Bologna and Cheese Sandwich Mini Twist Pretzels Chilled Fruit Chocolate Chip Cookie Milk, 1% Fat  Salad of the Week Chicken Caesar Salad	3 <b>HOT LUNCH</b> Soft Baked Pretzels with Cheese  Fresh Carrot Sticks Light Ranch Dressing Chilled Fruit LF Pudding Pop Milk, 1% Fat <b>GRAB-N-GO</b> Trix Cereal Bar Fruit Lowfat Yogurt Teddy Grahams Milk, 1% Fat  Salad of the Week Chicken Caesar Salad	
	6 <b>CARDINALS OPENING DAY SPECIAL</b> Hot Dog on Bun Nachos & Cheese Pretzel with Cheese Ice Cream Cup Milk, 1% Fat <b>GRAB-N-GO</b> Salami & Cheese Sandwich Baked Potato Chips Chilled Fruit Chocolate Chip Granola Bar Milk, 1% Fat 	7 <b>HOT LUNCH</b> Baked Chicken Strips BBQ Sauce Corn  Chilled Fruit Sugar Cookie Milk, 1% Fat <b>GRAB-N-GO</b> Salami & Cheese Sandwich Baked Potato Chips Chilled Fruit Chocolate Chip Granola Bar Milk, 1% Fat	8 <b>HOT LUNCH</b> PAPA JOHNS PIZZA  <b>NO GRAB-N-GO</b> 	9 HOLY THURSDAY  NO SCHOOL	10 GOOD FRIDAY  NO SCHOOL  
	13 EASTER MONDAY  NO SCHOOL  	14 NO SCHOOL	15 NO SCHOOL	16 <b>HOT LUNCH</b> Chicken Rings  Rice Pilaf Chilled Fruit Chocolate Chip Cookie Milk, 1% Fat <b>GRAB-N-GO</b> Salami & Cheese Sandwich Baked Potato Chips Chilled Fruit Chocolate Chip Granola Bar Milk, 1% Fat  Salad of the Week Italian Salad	17 <b>HOT LUNCH</b> Scrambled Eggs Sausage Patty Tater Tots Chilled Fruit Milk, 1% Fat <b>GRAB-N-GO</b> Salami & Cheese Sandwich Baked Potato Chips Chilled Fruit Chocolate Chip Granola Bar Milk, 1% Fat  Salad of the Week Italian Salad
20 <b>HOT LUNCH</b> Nachos and Cheese Chilled Fruit Shredded Lettuce & Tomato Salad Brownie Milk, 1% Fat  <b>GRAB-N-GO</b> Ham & Cheese Sandwich Fresh Vegetables w/dip Pineapple Chunks Oreo Cookies Milk, 1% Fat  Salad of the Week BLT Salad	21 <b>HOT LUNCH</b> Hamburger on Bun Chips  Corn Chilled Fruit Milk, 1% Fat  <b>GRAB-N-GO</b> Ham & Cheese Sandwich Fresh Vegetables w/dip Pineapple Chunks Oreo Cookies Milk, 1% Fat  Salad of the Week BLT Salad	22 <b>HOT LUNCH</b> Baked Chicken Patty Sandwich Baked French Fries Green Beans Chilled Fruit Milk, 1% Fat  <b>GRAB-N-GO</b> Ham & Cheese Sandwich Fresh Vegetables w/dip Pineapple Chunks Oreo Cookies Milk, 1% Fat  Salad of the Week BLT Salad	23 <b>HOT LUNCH</b> Battered Chicken Nuggets Mixed Vegetables Chilled Fruit Cookie Milk, 1% Fat  <b>GRAB-N-GO</b> Ham & Cheese Sandwich Fresh Vegetables w/dip Pineapple Chunks Oreo Cookies Milk, 1% Fat  Salad of the Week BLT Salad	24 <b>HOT LUNCH</b> Pepperoni Pizza Tossed Salad Lite Italian Dressing Green Beans Mini Rice Krispies Square Milk, 1% Fat <b>ICE CREAM SPECIAL!</b>  <b>GRAB-N-GO</b> Ham & Cheese Sandwich Fresh Vegetables w/dip Pineapple Chunks Oreo Cookies Milk, 1% Fat  Salad of the Week BLT Salad	
27 <b>HOT LUNCH</b> Pizza Stix Tossed Salad Lite Italian Dressing Chilled Fruit Ice Cream Milk, 1% Fat <b>GRAB-N-GO</b> Turkey & Swiss on French Raisins Fresh Vegetables & Dip Strawberry Delight Milk, 1% Fat  Salad of the Week Chef Salad	28 <b>HOT LUNCH</b> Baked Chicken Nuggets Mashed Potatoes Gravy Corn Pudding Milk, 1% Fat <b>GRAB-N-GO</b> Turkey & Swiss on French Raisins Fresh Vegetables & Dip Strawberry Delight Milk, 1% Fat  Salad of the Week Chef Salad	29 <b>HOT LUNCH</b>  Bosco Stick Spaghetti Sauce Green Beans Chilled Fruit Milk, 1% Fat <b>CUPCAKE SPECIAL!</b>  <b>GRAB-N-GO</b> Turkey & Swiss on French Raisins Fresh Vegetables & Dip Strawberry Delight Milk, 1% Fat  Salad of the Week Chef Salad	30 <b>HOT LUNCH</b> PAPA JOHNS PIZZA  <b>NO GRAB-N-GO</b>   Salad of the Week Chef Salad		